

# Burchfield Primary School News

October 2016

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## Love & Logic: "Is it Really OK to Say No to My Child?"

In the mid 1960's a few parenting "experts" began to question whether we ought to say this word to our children. Some worried that it would damage kids' self-concepts. Others seemed concerned that it'd stifle creativity.

**Kids need to hear "No" from time to time. Here are some guidelines:**

- Say "No" only when you can back it up with meaningful actions. When we say "no" without holding our children accountable, we teach them that "no" really means "yes."
- Say "No" only when you can do so without anger and frustration. Challenging kids love to see our faces turn red!
- Say "No" only when it doesn't rob your child of a good learning experience. If a child is about to do something that's not dangerous...but will backfire for them...it's often wiser to allow them to learn from their mistake instead of saying "No."
- Say "No" as often as necessary yet as infrequently as possible. "No" is a critically important parenting tool that wears out if it's used too often. Save it for times it's really needed.



## Color Dress Up Days

Please help our kindergarteners learn their colors by wearing them on the following days...

Oct 3rd-Orange Day

Oct 4th-Blue Day

Oct 5th-Green Day

Oct 6th-Yellow Day

Oct 7th-Red Day

Oct 10th-Purple Day

Oct 11th-White Day

Oct 12th-Pink Day

Oct 13th-Brown Day

Oct 14th-Black Day

## Red Ribbon Week

Nurse Uhlenkott is busy planning for this year's Red Ribbon Week activities to take place October 21-30. The following are the dress up days for the week:

Friday- Wear red

Monday-"Voting for my future to be drug free" (wear red, white, and blue)

Tuesday-"Tie down drugs" (wear ties and/or tie dye)

Wednesday-"Sock it to drugs" (crazy sock day)

Thursday-"I have the power to say no to drugs" (superhero t-



## PeaceBuilders

Burchfield Primary is a PeaceBuilder School. We have monthly activities promoting and recognizing students who demonstrate the PeaceBuilder principles. We will be using Praise Notes and other small prizes to reward our Burchfield PeaceBuilders. We will also honor PeaceBuilders of the trimester at our trimester awards assemblies and PeaceBuilders of the year at our end of the year assembly.

Each month Burchfield will highlight a PeaceBuilder trait beginning with Praising People. Please encourage your child to be a proud PeaceBuilder!

## Dates To Remember:

- **October 4th**  
**Parent Club, 6:00**  
**Fire Drill**
- **October 10-28**  
**Parent Conferences**
- **October 13th**  
**3rd Grade Pond Day**
- **October 20th**  
**Great American Shake**  
**Out Fire Drill**  
**1st Grade Pumpkin**  
**Patch trip**
- **October 24th**  
**School Site Council, 3-4**  
**ELAC, 6:00**
- **Oct 23-30**  
**Red Ribbon Week**
- **October 28th**  
**Parent Conf Day, No**  
**School**
- **October 31st**  
**Halloween Parade**  
**\*Note date change...Big**  
**Smiles has been rescheduled**  
**for Oct 10 & 14.**

## BPS Newsletters

In an effort to "go green," BPS will no longer be sending hard copies of our newsletter unless requested by a parent. Our newsletter and monthly cafeteria menu will be e-mailed to our parent distribution list and will be posted on our website at the beginning of each month. Please contact the office or your child's teacher if you still require a hard copy.

